



**Hood Canal School District #404** 111 North State Route 106 • Shelton, WA 98584  
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TO: Families of Students in Grades 6-8  
RE: Flag Football 2018

Are you ready for some flag football? This letter provides a summary of the eligibility requirements and expectations for student athletes interested in participating in the flag football program.

### **Players**

Flag football is open to students in grades 6-8. All eligible students in grade 8 will play varsity. With the exception of some advanced players, students in grades 6 and 7 will play junior varsity. Student athletes that participate in varsity games will receive a letter for that specific sport if they complete the season in good standing.

### **Sports Forms**

All players must pass a sports physical before playing in a league-sponsored game. Physicals are valid for two years. In addition, a Sports/Activity Permission, Concussion and Head Injury Acknowledgement, Athletic Code of Conduct and Parent Code of Conduct Forms are also required to participate. These forms are included with this letter.

### **ASB Card**

All student athletes must purchase an ASB card before participating in athletics. ASB cards are \$10.00 and can be purchased at the front office. Please contact us if you need support for your student to purchase an ASB card.

### **Practice**

Flag football practice will begin **Monday, September 10<sup>th</sup>**. Practices are scheduled Monday-Thursday from 3:00-4:15 p.m. An after-school activity bus will be available. Ten practices are required in order to participate in league-sponsored games. Practices are closed which means that only coaches and players are allowed at practice. Parents and family members are welcome for games. See the attached games schedule.

*(Continued on the back)*

## **Attendance**

Attendance is important and will be taken at each practice. Absences must be excused. Unexcused absences may cause a player to be ineligible to participate in games during the week. Three unexcused absences will result in ineligibility for the remainder of the season. To excuse an absence, players must have a signed note from a parent/guardian. Students absent from school will not be able to participate that day.

## **Playing Time**

Coaches will make decisions regarding individual playing time.

## **Uniforms**

A uniform will be issued to all eligible players. Players must be in uniform with shirts tucked into shorts. Long hair should be tied back. No jewelry of any kind is allowed during practice or games. A mouthguard and cleats are required. You can purchase these items at any sporting goods store. Please contact us if you need support for your student athlete to participate in this program.

## **Academic Eligibility and Expectations**

Players must have a 2.0 GPA and no failing grades in order to play on the team. Grade checks will occur every two weeks. A good attitude and work ethic are important to the success of students in middle school sports. We expect all players to be positive and supportive of each other and the coaching staff. In addition, we expect good sportsmanship and Orca P.R.I.D.E. (Positive Attitude, Respect, Integrity, Determination, and Excellence) from all students at all times.

If you have any questions, please contact TBD or Mr. McGuire at the number listed below. We are looking forward to a great season.

Sincerely,

TBD

Athletics Director/Head Football Coach  
360.877.5463 x (TBD)

TBD

Assistant Football Coach  
360.877.5463 x (TBD)